

excellence through positive attitude

This life is available to us only once in its present form. How we live it, is a choice that we make. Choosing positive attitude is the first step to succeed in personal & professional life.

This training workshop intends to improve personal effectiveness in societal & organisational settings

Contents

Shut negative doors

Open door to positives

Stop procrastination

Develop a can do approach

Count your blessings

Not your miseries

Focus on your strengths

Not limitations

Learning attitude

Close door to ignorence

Do what need to be done

Start right

Take Away

The participants will take away a practical approach to developing positive attitude.

To benefit from this training workshop as an organization or, an individual or, a group, please <u>contact us</u>.



Objectives

Understand attitude
Understand positive attitude
Use positive attitude

Who should attend?

Operative level, Middle level, Senior level

What is the duration?

1 day, 2 days

choose duration

Interaction language

Hindi, English, Hindi/ English

Methodology

Multimedia Presentation

Lecture

Facilitated Discussion

Group exercise

Individual exercise

Study material

Anecdotes

Role plays

Games

Q & A

Contact: info@incrove.com; 91-120-4119401