

in_cr_ove Newsletter

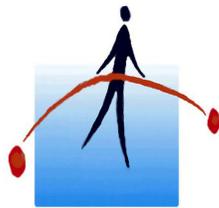
Issue 14 : Oct 1, 2007- Oct 31, 2007

"Only that day dawns, to which we are awake"

- Henry David Thoreau

Latest module from
in_cr_ove:

WORKLIFE BALANCE



The single largest challenge for almost all working professionals today is how to live a balanced life. While demands and pressures of the workplace can not be ignored in today's competitive environment it is also equally important to live a peaceful, creative and fulfilling existence. Often we find ourselves in never ending loops while every new day looks no different than the one that passed. How do we break this loop? How do we strive for this balance and make it a way of our life?

This workshop gives a practical and actionable approach to participants to handle this dilemma.

[Feedback of participants](#)

Tally Charts

Many a times when the problem comes, our first reaction is to work out a solution. Many people, who are trained to curb this tendency and work out a solution through careful analysis of the problem, want to get hands on the data related to the problem. However, the data collection is perceived by the working people as hindrance to normal work. It is normally evident from the resistance offered to data collection exercise. Tally charts are an effective way to negotiate this resistance.

What ?

Tally charts are an effective way to collect data when the value of a defect or problem is important.

Why?

By establishing the facts about the value of failures, a team can plan to identify the causes of failure and look for ways of removing them. Actions are taken on the basis of evidence, not feeling.

Tally charts are an excellent way of involving people in all areas in quality improvement.

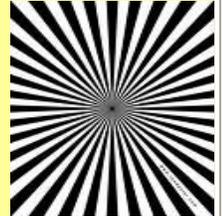
They provide a simple method of data collection that can be easily understood and applied in office and work areas.

[<complete article>](#)

Focus – Your Power to Create

By Michael McGrath

Unfortunately the majority of people on our lavish little green planet are not happy with their 'lot' in life. They are living lives of quiet desperation, unsatisfied with their relationships, careers or finances. What is the main reason for this dissatisfaction? The main reason I believe this is so is due to a lack of understanding about the nature of our universe which can be directly linked to our belief conditioning from childhood.



As a child we begin to replicate the conditioning of our parents. A person's beliefs and values are often passed from generation to generation until someone down the generations either has a life-changing experience or consciously re organises or changes their belief system.

[<complete article>](#)

Garlic Peeling Machine

M. Nagarajan lives in a small village 40 km away from Madurai in Tamil Nadu. He has studied up to the ninth standard. Nagarajan's close interaction with the pickle manufacturers exposed him to the practices prevailing in the industry. Nagarajan successfully designed and developed a garlic-peeling machine in 2002 after two years of hard work. M. Nagarajan has modified a garlic-peeling machine significantly and these improved machines address the two-fold problem of the pickle industry, namely, inefficiency due to low degree of automation, and short supply of labour during peak seasons, which limits capacity. The garlic peeling machine has the capacity to peel 200 kg of garlic/hr. The garlic peeling machine consists of a 2 HP electric motor, blowers, a peeling chamber, inlet, outlet, exhaust pipe and drives. The peeling chamber has a provision for garlic inlet and a shaft on which the blades are arranged in such a manner that there are six rows and each row consists of four blades placed at an equiangular distance of 90 degrees. These blades are made of the same material that is used for power transmission. The garlic cloves thus obtained are of a uniform size and can be neatly and conveniently collected and recovered. Another feature of this machine is that it is easy to construct, operate, and maintain. The blower removes excess moisture in the garlic and the separation of husk is innovative. This machine helps to achieve greater productivity, is energy efficient and labour saving, and reduces the drudgery in the slow laborious process of peeling garlic. The manufacturing cost of a single prototype is Rs.52, 000/- This machine can also be used in other food processing industries apart from the pickle industry.

Access, first step to empowerment

By: T KARUN

Source: The Economic Times, 27th Sep. 2007

The sensex has soared past 17,000. It doesn't make a difference to Nandoo or his fond little girl, for whom Nandoo is saving up on a regular basis. He calls himself Nandoo, but his real name is Iqbal. He works for a seth who owns a fleet of cars in Ahmedabad. Nandoo is remarkably cheerful, given his lot. He has had to shift his residence, he told this author as he navigated our car through the careening mass of automobiles in perpetual Brownian motion that goes by the name of traffic in this city of malls and multiplexes. "The neighbourhood should be pleasant," he explained: you don't want to work yourself up as soon as you wake up in the morning or before you go to sleep, because you hear your neighbours say something nasty about you.



[<complete article>](#)